

Operation-Initiative Foundation presents the 2019 Awareness Program for PTSD and the 11th Edition of the Operation-Initiative Resource Manual.

Operation-Initiative Foundation brings support and awareness to Veterans and their caregivers who are suffering from PTSD.

The Foundation strives to address the psychophysiological and socioeconomic needs of Veterans diagnosed as experiencing post-traumatic stress. Through outcomes assessments, the Foundation seeks to continuously advance its program and service offerings.

In the Spring of 2019, Operation-Initiative Foundation will introduce the 11th Edition of the Resource Manual. This manual is free to download for all Veterans and their caregivers, providing information about various organizations and services available to our Veterans.

In addition, the Operation-Initiative Foundation is introducing The Holistic Nucleus which is a network of Holistic methods used in the reduction of PTSD:

- 1) Meditation
- 2) Sound Therapy
- 3) Yoga
- 4) Acupuncture
- 5) Hyperbaric Oxygen Solutions
- 6) Havening
- 7) Chiropractic
- 8) Massage Therapy
- 9) Reiki

In addition, we are addressing the spiritual aspects of PTSD, including but not limited to Moral Injury.

Please note that vested Practitioners are located in the PTSD Section of the 11th Edition of our Manual.

To access the FREE Manual all Veterans need to do is go to our website - www.opinitfdn.org - and enroll in the Operation-Initiative Foundation Intake Program. This program gives Veterans references to choose the treatments they feel will reduce their symptoms of PTSD.

All intake information is totally confidential and if the Veteran does not have insurance or the resources to afford these treatments then Operation-Initiative Foundation will provide payment for the treatment(s).

Veterans MUST fill out the intake form to be eligible for this program.

Donations

Upon specification, donations over \$1,000, can be designated as Restricted for any or all of our Program Treatments.

GIVING LEVELS

- **4 Star General: \$15,000**
 - Up to 40 Program Treatments
Hyperbaric Oxygen Therapy cost \$13,000 for 2 months of treatments
 - Full page Color Sponsorship Ad for 2 years in OIF Manual and web page with Name or Business
- **3 Star General: \$10,000**
 - Up to 50 Program Treatments
Acupuncture, Havening,
Cognitive Behavioral Therapies
 - Full page 2 color Sponsorship ad for 1year OIF Manual and web page with Name or Business
- **2 Star General: \$5,000**
 - Up to 25 Program Treatments
Other available program services*
 - Half page Black and White Sponsorship Ad for 1 year in OIF Manual and web page with Name or Business
- **1 Star General: \$1,000**
 - Sponsorship and Administration
- **Additional Contribution Categories**
 - \$200 ○ \$100 \$ ____ Other

Please make all checks payable to
Operation-Initiative Foundation and can be
mailed to the address listed on this brochure.

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Outreach to Veterans and Their Family Caregivers

- The primary goal of the *Operation-Initiative Foundation* is to identify, who are being or have been discharged from any of the armed forces branches and plan to reside on Long Island; including the Boroughs of Brooklyn and Queens.
- The *Foundation* will also strive to identify the family caregivers of veterans; whether they are currently serving as caregivers or may be doing so in the future.
- Through the identification of veterans and their caregivers, the *Foundation* will be able reach out to them and to encourage participation in one or more of the programs and services offered through the *Foundation*.
- The *Foundation's* engagement of veterans is of importance because as reported by the Rand study (2008), 50% of veterans with post-traumatic stress do not seek treatment. and of the 50% who do, only one-half get minimally adequate treatment.
- It is through the process of identification, outreach and engagement that the *Center* will foster the effective and timely provisioning of programs and services with goals to help alleviate the negative health and socioeconomic impact on the veterans and their caregivers.

Operation-Initiative Foundation's Mission

Operation-Initiative Foundation's (i.e., OIF) mission is to provide awareness, information, as well as holistic services and support to veterans diagnosed with post-traumatic stress (i.e., PTSD) and to the family caregivers of these veterans. Through advocacy, education, holistic and financial support, the *Foundation* strives to be a central resource for veterans and their caregivers who reside on Long Island; including the Boroughs of Brooklyn and Queens.

Vision Statement

To be the leading organization on Long Island that serves veterans diagnosed with post-traumatic stress and their caregivers

Pillars of Excellence

Compassion: The *Foundation* is committed to providing a caring and supportive environment. All services provided by the *Foundation* are done without judgement and with the intent to support the whole person.

Integrity: In all of its' endeavors, the *Foundation* will promote ethical actions on the part of all of its' employees and volunteers.

Leadership: The *Foundation* aspires to be the 'voice' of veterans with PTSD and promote innovation in their treatment and well-being.

Operation-Initiative Foundation



Operation-Initiative Foundation, is a 501(c)3 non-profit organization that was founded by a veteran for veterans who suffer from post-traumatic stress and the caregivers who support them.

All contributions are 100% tax deductible